

<u>Name of Meet</u>	<b>COUGAR AQUATIC TEAM PRESENTS  NEW JERSEY SWIMMING'S  9-10 SILVER/BRONZE CHAMPIONSHIPS-  Region A 2012 -  AT ST. PETER'S UNIVERSITY</b>
<u>Meet Sanction #:</u>	<b>NJS022512SCB</b> In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
<u>Date of Meet:</u>	Saturday, February 25 & Sunday, February 26, 2012
<u>Location:</u>	The pool is located at <b>Saint Peter's College, Victor Yanitelli Recreational Center, Jersey City, NJ:</b> (see directions).
<u>Facility Info:</u>	The pool is an eight-lane, 25 yard pool with non-turbulent lane lines, pedestal-style starting blocks, and Colorado Timing System. Bleacher seating is available; however, all swimmer bags & equipment are not permitted in the pool area and must be stored in the designated marshalling/waiting area. The meet will be run using 6 lanes (lanes 3-8). The depth at the start end (lanes 3-8) is 9 1/2 feet, and the depth at the turn end is 4 feet.
<u>Pool Certification Statement:</u>	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.
<u>Audio/Visual Recording Statement:</u>	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
<u>Meet Director:</u>	<b>Debbie Flint</b> , <a href="mailto:Debflintnj@comcast.net">Debflintnj@comcast.net</a>
<u>Meet Referee:</u>	Dan Bibb – <a href="mailto:danielbib@aol.com">danielbib@aol.com</a> Bruce Petersen - <a href="mailto:bpeter8559@mac.com">bpeter8559@mac.com</a>
<u>Meet Marshal:</u>	<b>Judy Montalbano</b> , <a href="mailto:coachjudym@comcast.net">coachjudym@comcast.net</a>
<u>Entry Coordinator:</u>	<b>BE Smartt, Inc.</b> , 604 Paxson Avenue, Mercerville, NJ 08619 <b>Phone:</b> Ellen 609-558-0988 <b>Fax:</b> 609-587-7751 <b>E-Mail:</b> <a href="mailto:entries1@juno.com">entries1@juno.com</a> <ul style="list-style-type: none"> <li>• When e-mailing your entries, please put CAT9-10SBMEET in the subject line.</li> <li>• Overnight or express delivery is recommended, however, <b><i>please sign the waiver</i></b> so that the package will be delivered even if no one is there to sign for it.</li> <li>• Call Be Smartt, Inc at 1.609.558.0988</li> <li>• Best time to call after 8:00PM and weekends</li> </ul>
<u>Entry Deadline:</u>	Entry Deadline Date: <b><u>Wednesday, February 15, 2012</u></b>  All entries will be accepted up until the entry deadline. As an NJS Championship designated meet, the 4 hour per session rule does not does not pertain to this meet.  Email entries to: <a href="mailto:entries1@juno.com">entries1@juno.com</a> (Please use CAT9-10SBMEET in subject line)  Mail the entry summary, signed waiver and check to : <b>BE Smartt, Inc., 604 Paxson Avenue, Mercerville, NJ 08619</b>  It is not necessary to use overnight or express mail to send hard copy and check, which are sent in support of an e-mailed entry.

	<b>NOTE: The meet host reserves the right to scratch swimmers/teams that have not paid their entry fees and turned in their waiver forms by the start of the meet.</b>
<u>Teams Competing In Region A</u>	<b>BB, BMS, CAT, CBGC, CCC, EAG, GBCY, HAC, JFAC, JG, LHY, MYM, NJBL, NJW, NPR, PIAC, PSC, RHSC, RY, SCY, SKYY, STVN, WAVE, WEY, WFY, WMY</b>
<u>Meet Format Waiver:</u>	The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include: <ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> <li>• To conform to facility capacity limits or for facility safety concerns.</li> <li>• To condense the meet into smaller time frame.</li> </ul> Some of the changes that can be made: 1) add a session, 2) heat limit distance events, 3) condense sessions, 4) change session start times, and 5) eliminate relays.
<u>Internet Website Posting:</u>	Both: <a href="http://www.besmartinc.com">http://www.besmartinc.com</a> & NJ Swimming's website of <a href="http://www.njswim.org">http://www.njswim.org</a> Information to be posted will include but not limited to: Pre Meet - Meet Announcement - Hy-Tek Team Manager Events file - Warm-up Schedule & Timing Assignments - List of Teams Entered into Meet Post Meet - Meet Results
<u>Meet Requirement Statement:</u>	In order to be eligible for the SC New Jersey Zone Championship Team or for NJ Swimming Athlete Reimbursement for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts towards those participation requirements.
<u>Coaches Eligibility:</u>	<ul style="list-style-type: none"> <li>• All coaches "on the deck" must be current members of USA Swimming.</li> <li>• Coaches must have a valid coaching card visible at all times while on deck.</li> <li>• Coaches must have a visible coach's card when entering hospitality area or when asking for food at concessions.</li> </ul>
<u>Swimmer Eligibility:</u>	<p><b>NOTES:</b></p> <p>Starting with the 2011-2012 winter season, the qualifying time period for winter JO's and Silver/Bronze meets is from Jan 1 of the previous year thru the entry deadline of the meet.</p> <p>For the 2012 Winter Silver/Bronze Championship meet series, the age up date for all of these meets will be March 16<sup>th</sup>, 2012 (first day of JOs).</p> <ul style="list-style-type: none"> <li>• All swimmers must be members of USA Swimming to enter and compete in this meet.</li> <li>• All swimmers must be listed on a team's official entry form to be eligible to participate in this swim meet in any event including relays.</li> <li>• Only New Jersey Swimming athletes may enter and compete in this championship meet.</li> <li>• All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation.</li> <li>• All Unattached swimmers must be listed on the team's official waiver entry form.</li> <li>• New Jersey Swimming only allows swimmers in this meet to compete in <b>4 individual events per day</b>, regardless whether the events are in more than one session</li> <li>• There are no minimum time standards to enter any event in this meet</li> <li>• This meet is only for those swimmers ages 9 and 10 whom have not yet achieved a New Jersey Swimming 'GOLD' Time Standard in the event entered.</li> <li>• <b>If a swimmer is entered in the meet, and then achieves a Gold time in one or more of their entered events prior to the start of the meet, that swimmer MUST be removed from that event(s).</b> Failure to do so will result in the disqualification of the swimmer (even retroactively), and the swimmer's club may be penalized and/or fined by NJ Swimming for each such infraction.</li> <li>• <b>Similarly, if a swimmer was initially entered in the Bronze division of an event, and then achieves a Silver time in said event prior to the start of this meet, then that swimmer's entry needs to be amended so that they do not compete in the Bronze division of that event.</b></li> <li>• Age for this meet is as of March 16, 2012 (first day of JOs).</li> </ul>

	<ul style="list-style-type: none"> <li>Swimmers from the Region-A clubs listed above whose teams are also assigned to the SAY Mini Champs on March 4<sup>th</sup>, and who turn 9 from February 26<sup>th</sup> thru March 4<sup>th</sup> (thus not eligible for the SAY Mini-Championships), should enter this meet in the 9 year old events for which they are eligible time wise.</li> </ul>
<u>State Championships Restriction:</u>	<b>Swimmers may not compete in a given event at both a Silver/Bronze Championship meet and the SC JO meet, unless they achieved the SC JO qualifying time in that event at the Silver/Bronze meet, or at another Sanctioned or Approved meet attended in between the Silver/Bronze meet and JOs.</b>
<u>Swimmers Unaccompanied by a USAS Certified Coach</u>	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. If a swimmer is not accompanied by a USA Swimming member coach, then it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
<u>Meet Format</u>	<ul style="list-style-type: none"> <li>This meet will be run in accordance to current USA Swimming Rules.</li> <li>This meet will be deck seeded with coaches checking in/scratching all swimmers.</li> <li>This is a timed final meet.</li> <li>This is a Silver/Bronze Championship. All individual events, except for the 500 Freestyle events, will be run with the Bronze Only event for each the girls and the boys, followed by the Silver Only version of the same stroke and distance for the girls and the boys. The 500's will run and scored as combined Silver/Bronze events.</li> </ul>

**Meet Schedule:**

<b>Saturday, February 25, 2012</b>		<b>Warm-up</b>	<b>Start</b>
Session #1	10 yr. Old Girls & 9 yr. Old Boys	8:00 a.m.	9:00 a.m.
Session #2	Combined 9-10 Girls & Boys 500 Free+	TBA–After Session #1	30 minutes*
Session #3	9 yr. Old Girls & 10 yr. Old Boys	TBA–After Session #2	75 minutes*
<b>Sunday, February 26, 2012</b>		<b>Warm-up</b>	<b>Start</b>
Session #4	10 yr. Old Girls & 9 yr. Old Boys	8:00 a.m.	9:00 a.m.
Session #5	9 yr. Old Girls & 10 yr. Old Boys	TBA–After Session #4	75 minutes*

\* Start times for sessions #2, #3 & #5 will be determined after entries are received and a time line is created!

\* - Warm-ups will be determined as to time and length once entries are received.

+ - These events will be run fastest to slowest alternating girls and boys.

**500 YD. FREESTYLE:** There will be a positive check-in for this event at the control table. Failure to positively check-in a swimmer(s) may result in the swimmer(s) being scratched from the event. Swimmers swimming this event are responsible for providing their own timer and counter. This event will be run **fastest to slowest alternating girls and boys**. Heats will be combined if possible. This event will be scored and awards presented for both the 9 year olds and the 10 year old, for the combined Silver and Bronze Divisions. (One set of awards per age and gender.)

<u>Warm-up Procedures:</u>	<p>Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.</p> <ul style="list-style-type: none"> <li>All swimmers are entitled to a fair and comparable warm-up. All teams <b>MUST</b> get the same opportunities for general warm-up lanes, sprint lanes, and pace lanes.</li> <li>All swimmers must enter the pool from the starting end of the pool. Feet first entry.</li> <li>New Jersey Swimming officials &amp; Meet Marshall will monitor warm-ups.</li> <li>All general warm-up lanes will swim in a counterclockwise direction.</li> <li>The warm-up sessions will be two 25-minute warm-up sessions. Teams will be designated a session &amp; lane(s) in which to warm-up in. Teams may use their own warm-up lanes to sprint during their 25 minute designated warm-up.</li> <li>Teams sharing a lane must wait for all teams in the lane to complete general warm-up before using the lane for dive sprints.</li> </ul>
<u>Entry Times:</u>	<ul style="list-style-type: none"> <li>New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time.</li> <li>All entry times must be in short course yards.</li> </ul>

<u>Amending Entries Process</u>	<p>Coaches will be permitted to amend inaccuracies in their meet entries for this meet. The Entry Coordinator is Ellen Mace, e-mail: <a href="mailto:entries1@juno.com">entries1@juno.com</a> the process shall be as follows:</p> <ol style="list-style-type: none"> <li>1. The Host Team will enter each team as the entries are received.</li> <li>2. The entries for each team will be e-mailed to that team.</li> <li>3. Upon receipt of the entry list for their team, the coach will be expected to proof the entries for their team. The coach must respond to the email, either indicating that the entries are accepted as is or amending as explained below.</li> <li>4. After the entry deadline has passed, should a swimmer be missing from the entry list or if a swimmer is missing from an event, then the coach can enter the swimmer through the following process: <ul style="list-style-type: none"> <li>• The coach needs to make a list of the missing entry information: swimmer's name, USA-S number, event number and entry time.</li> <li>• The list of the missing swimmers and their events are then to be e-mailed to the Host Team Entry Coordinator (e-mail: <a href="mailto:entries1@juno.com">entries1@juno.com</a>) no later than 9:00 PM on the Wednesday (Feb 22nd) before the start of the meet. Please do not email a Hy-Tek file.</li> <li>• The entry fee for all events entered in this manner will be \$10.00 per event and payable before the start of the meet. Should the entry fee not be paid, the swimmer(s) will not be permitted to swim in the amended events in the meet.</li> </ul> </li> </ol>
<u>Check-In:</u>	<ul style="list-style-type: none"> <li>• All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the meet.</li> <li>• The 500 Free will have a positive check-in that will be posted at the scoring table or the control room.</li> </ul>
<u>Starts:</u>	<p>'New Jersey Swimming requires that whistle starts be used. Fly-over' or 'Over-the-top' starts will be used at the discretion of the Meet Director.</p>
<u>Distance Events</u>	<ul style="list-style-type: none"> <li>• The 500 Free will be run fastest to slowest, alternating Girls &amp; Boys heats.</li> <li>• Heats will be combined (including Men &amp; Women) to consolidate a heat if necessary.</li> <li>• Swimmers must have their own timer and counter for the 500 Free.</li> </ul>
<u>Relays:</u>	<ul style="list-style-type: none"> <li>• All relays <b>MUST HAVE THE CORRECT FOUR NAMES LISTED AND THE CORECT</b> order for that relay to be eligible.</li> <li>• Coaches must turn in relay cards prior to that relay swimming, listing correct swimmers names and correct order.</li> <li>• In order to swim in a relay designated as a Silver/Bronze event, <b>no swimmer on that relay may have a previous Gold time in the stroke and distance that the swimmer will swim in that relay.</b> For example, a swimmer with a previous gold time in the 50 free cannot swim the freestyle leg of a 200 yd medley relay.</li> <li>• If a team doesn't have enough eligible swimmers to complete in a relay, then that relay must be scratched and may not be swum with an ineligible swimmer.</li> <li>• Any relay team in violation of this requirement will be disqualified and the information will be turned over to New Jersey Swimming for possible penalties and fines. (See the NJS Policy Manual for list of fines.) The Meet Referee and/or the meet jury will handle any protest of relay swimmers during the meet. New Jersey Swimming will handle any protest of relay swimmers after the meet.</li> </ul>
<u>Scoring:</u>	<p>No scoring will be kept.</p>
<u>Awards:</u>	<ul style="list-style-type: none"> <li>• MEDALS will be awarded to the top 6 individual finishers of each event for both Silver and Bronze Divisions, except for the 500 Freestyle events.</li> <li>• MEDALS will be awarded to the top 6 individual finishers of the 500 Freestyle for each age and gender (9 yr old girl, 10 yr old girl, 9 yr old boy, 10 yr old boy). The 500 is scored as a combined Silver/Bronze event, so there won't be separate Bronze division medals, nor will a swimmer who achieves a Gold time with a Bronze entry time be ineligible for a medal.</li> <li>• MEDALS will be awarded to the top 3 Relay finishers only.</li> <li>• A swimmer seeded with a Bronze Time will not receive an award if a 'GOLD' time is achieved (except for the 500 Freestyle events).</li> </ul>
<u>Entry Fees:</u>	<ul style="list-style-type: none"> <li>• Individual Entry Fee: \$5.00</li> <li>• Relay Entry: \$8.00</li> </ul> <p style="text-align: right;">Make checks payable to: <b>In-Depth Aquatics</b></p>

<u>Admissions and Programs:</u>	<ul style="list-style-type: none"> <li>• Admission will be \$7.00 for each session.</li> <li>• Cost of Program will be \$10.00 for the entire meet.</li> </ul>
<u>Entries:</u>	<ul style="list-style-type: none"> <li>• In accordance with NJS policy, team entries may be submitted by E-mail to: <a href="mailto:entries1@juno.com">entries1@juno.com</a></li> <li>• All entries must be Hy-Tek program entries as an attached file to an e-mail.</li> <li>• The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone.</li> <li>• An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry.</li> <li>• Accuracy of seed times is essential. Incomplete entries will not be accepted.</li> <li>• <b>If a swimmer is entered in the meet, and then achieves a Gold time in one or more of their entered events prior to the start of the meet, that swimmer must be removed from that event(s).</b> They will be allowed to substitute another eligible event(s) if they have any or the entry fee will be refunded if a swimmer is ineligible to compete in a substitute event.</li> <li>• <b>Similarly, if a swimmer was initially entered in the Bronze division of an event, and then achieves a Silver time in said event prior to the start of this meet, then that swimmer's entry needs to be amended so that they do not compete in the Bronze division of that event .</b> (Failure to comply with the two above requirements will result in the disqualification of the swimmer, and the information will be turned over to New Jersey Swimming for possible penalties and fines.)</li> <li>• Deck entries will not be accepted. No phone or faxed entries will be accepted.</li> </ul>
<u>Results:</u>	<ul style="list-style-type: none"> <li>• Result will be posted on the at <a href="http://www.besmartinc.com">www.besmartinc.com</a> and <a href="http://www.njswim.org">www.njswim.org</a></li> </ul>
<u>Host Club Responsibilities:</u>	<p>The host club responsibilities:</p> <ul style="list-style-type: none"> <li>• The host club will provide a single timer in each lane through out the meet.</li> <li>• The host club will have stopwatches available for volunteers helping to time.</li> <li>• The host club will e-mail all club entries back to the participating clubs.</li> <li>• The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs no later than 1 week before the meet. The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs no later than 1 week before the meet.</li> </ul>
<u>Participating Club Responsibilities:</u>	<ul style="list-style-type: none"> <li>• Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs 1 week prior to the meet.</li> <li>• Participating club parents must stay off the pool deck except for timing assignments.</li> <li>• Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary. Any of your club's officials that can help with officiating should contact Dan Bibb and/or Bruce Petersen. Their assistance will be greatly appreciated. Please list a contact person for officials on your meet summary.</li> </ul>
<u>Concessions:</u>	Food and Beverages will be available at reasonable costs.
<u>Vendor:</u>	Metro Swim Shop (outside vendor) will be selling merchandise on Saturday and Sunday.
<u>Directions to St. Peters University</u>  <u>Directions:</u>	<p><b>NJ Turnpike</b></p> <p><b>Exit 14 C (Holland Tunnel Exit)</b> Exit on "Jersey City/Columbus Drive" exit (right past the toll plaza). Go down the ramp and straight through the traffic light and make a U-Turn. At the light, turn right onto Montgomery Street. Continue up the hill on Montgomery Street, which will level off for a few blocks until the intersection of Montgomery Street and Kennedy Blvd. Our campus is on that intersection and Yanitelli Center is on Montgomery St., between Kennedy Blvd. and West Side Ave. The parking lot is adjacent to Yanitelli Center. The pool is located at 870 Montgomery St. Jersey City.</p> <p><b>Exit 15E</b> Follow signs for Rte. 1-9 North; cross over two draw bridges and straight at the intersection with Rte. 440; you are on Communipaw Ave., with Lincoln Park to your left; proceed to West Side Ave. traffic light and turn left; at the 4th traffic light on West Side Ave., turn right onto Montgomery St. Yanitelli Center is to your left (870 Montgomery St.).</p>

**Holland Tunnel** Immediately out of tunnel, bear left (Route 1 and 9). Remain near the middle, as you will be exiting soon. After the Route 1 and 9/New Jersey Turnpike divide, bear right and then exit at ramp for "Jersey City, Kennedy Blvd."; proceed straight on the state service road until it ends at Kennedy Boulevard. Turn left (south) onto Kennedy Blvd. Follow it through Journal Square to Montgomery St. and turn right onto Montgomery Street. Yanitelli Center is on the right (870 Montgomery St.).

**Lincoln Tunnel** Exit tunnel to NJ Turnpike and follow directions above; or, exit tunnel to Route 1-9 South and go to Tonnele Ave. traffic circle and then to Kennedy Blvd.; or, exit tunnel to Kennedy Blvd. and proceed south on Kennedy Blvd. to Montgomery Street, where you turn right and Yanitelli Center will be on the right (870 Montgomery St.).

**Pulaski Skyway, Route 1-9 and Belleville Turnpike** All feed into the Tonnele Ave. traffic circle. From the circle go to Kennedy Blvd. and turn right (south); go a few blocks south to Montgomery Street and turn right; Yanitelli Center is on the right (870 Montgomery St.).

#### Area Hotels

**Ramada Jersey City**  
65 Tonnelle Avenue  
Jersey City, NJ (201) 432-6100

**The Westin Jersey City**  
479 Washington Blvd.  
Jersey City, NJ (201) 626-2900

**Double Tree**  
455 Washington Blvd.  
Jersey City, NJ (201) 499-2576

**Courtyard Jersey City**  
540 Washington Blvd.  
Jersey City, NJ (201) 626-6600

# 9-10 SILVER/BRONZE CHAMPIONSHIPS REGION-A 2012

## ORDER OF EVENTS

SATURDAY, FEBRUARY 25<sup>th</sup>, 2012

### SESSION #1 – 10 yr. Old Girls and 9 yr. Old Boys:

Warm –Up: 8:00 a.m. (Split Warm-up: Two 25 minute warm-ups) Meet Starts: 9:00 a.m.

EVENT		Faster Than	Slower Than	Slower Than	
Event 1	Girls 10 200 Medley Relay	SILVER/BRONZE	-	*GOLD	-
Event 2	Boys 9 200 Medley Relay	SILVER/BRONZE	-	*GOLD	-
Event 3	Girls 10 100 IM	BRONZE			1:34.39
Event 4	Boys 9 100 IM	BRONZE			1:34.39
Event 5	Girls 10 100 IM	SILVER	1:34.40	1:20.29	
Event 6	Boys 9 100 IM	SILVER	1:34.40	1:20.39	
Event 7	Girls 10 100 Free	BRONZE			1:22.09
Event 8	Boys 9 100 Free	BRONZE			1:22.09
Event 9	Girls 10 100 Free	SILVER	1:22.10	1:10.69	
Event 10	Boys 9 100 Free	SILVER	1:22.10	1:10.09	
Event 11	Girls 10 50 Back	BRONZE			43.89
Event 12	Boys 9 50 Back	BRONZE			43.89
Event 13	Girls 10 50 Back	SILVER	43.90	37.39	
Event 14	Boys 9 50 Back	SILVER	43.90	37.59	
Event 15	Girls 10 100 Fly	BRONZE			1:42.09
Event 16	Boys 9 100 Fly	BRONZE			1:42.09
Event 17	Girls 10 100 Fly	SILVER	1:42.10	1:26.89	
Event 18	Boys 9 100 Fly	SILVER	1:42.10	1:26.89	
Event 19	Girls 10 50 Breast	BRONZE			48.19
Event 20	Boys 9 50 Breast	BRONZE			48.19
Event 21	Girls 10 50 Breast	SILVER	48.20	42.59	
Event 22	Boys 9 50 Breast	SILVER	48.20	43.19	

**\* In order to swim in a relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Gold time in the stroke and distance that the swimmer will swim in that relay.**

### SESSION #2 – 9-10 Girls & Boys 500 Free:

Warm –Up: TBA (at the conclusion of session #1 – 30 minute warm-up)

EVENT		Faster Than	Slower Than	Slower Than	
Event 23	Girls 9-10 500 Free *	SILVER/BRONZE	N/A	7:07.89	N/A
Event 24	Boys 9-10 500 Free *	SILVER/BRONZE	N/A	7:08.89	N/A

**\* These events will be run fastest to slowest alternating girls and boys**

# 9-10 SILVER/BRONZE CHAMPIONSHIPS REGION-A 2012

## ORDER OF EVENTS

SATURDAY, FEBRUARY 25<sup>th</sup>, 2012

Continued:

### SESSION #3 - 9 yr. Old Girls and 10 yr. Old Boys:

Warm-Up: TBA (approximately 15 minutes after session #2) - Split Warm-up: Two 25 minute warm-ups

Meet Starts: TBA (60 minutes after start of Warm-ups)

EVENT		Faster Than	Slower Than	Slower Than	
Event 25	Girls 9 200 Medley Relay	SILVER/BRONZE	-	*GOLD	-
Event 26	Boys 10 200 Medley Relay	SILVER/BRONZE	-	*GOLD	-
Event 27	Girls 9 100 IM	BRONZE			1:34.39
Event 28	Boys 10 100 IM	BRONZE			1:34.39
Event 29	Girls 9 100 IM	SILVER	1:34.40	1:20.29	
Event 30	Boys 10 100 IM	SILVER	1:34.40	1:20.39	
Event 31	Girls 9 100 Free	BRONZE			1:22.09
Event 32	Boys 10 100 Free	BRONZE			1:22.09
Event 33	Girls 9 100 Free	SILVER	1:22.10	1:10.69	
Event 34	Boys 10 100 Free	SILVER	1:22.10	1:10.09	
Event 35	Girls 9 50 Back	BRONZE			43.89
Event 36	Boys 10 50 Back	BRONZE			43.89
Event 37	Girls 9 50 Back	SILVER	43.90	37.39	
Event 38	Boys 10 50 Back	SILVER	43.90	37.59	
Event 39	Girls 9 100 Fly	BRONZE			1:42.09
Event 40	Boys 10 100 Fly	BRONZE			1:42.09
Event 41	Girls 9 100 Fly	SILVER	1:42.10	1:26.89	
Event 42	Boys 10 100 Fly	SILVER	1:42.10	1:26.89	
Event 43	Girls 9 50 Breast	BRONZE			48.19
Event 44	Boys 10 50 Breast	BRONZE			48.19
Event 45	Girls 9 50 Breast	SILVER	48.20	42.59	
Event 46	Boys 10 50 Breast	SILVER	48.20	43.19	

**\* In order to swim in a relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Gold time in the stroke and distance that the swimmer will swim in that relay.**

# 9-10 SILVER/BRONZE CHAMPIONSHIPS REGION-A 2012

## ORDER OF EVENTS

SUNDAY, February 26<sup>th</sup>, 2012

SESSION #4 – 10 yr. Old Girls and 9 yr. Old Boys:

Warm –Up: 8:00 a.m. (Split Warm-up: Two 25 minute warm-ups divided by teams) Meet Starts: 9:00 a.m.

EVENT		Faster Than	Slower Than	Slower Than	
Event 47	Girls 10 200 Free Relay	SILVER/BRONZE	-	*GOLD	-
Event 48	Boys 9 200 Free Relay	SILVER/BRONZE	-	*GOLD	-
Event 49	Girls 10 200 Free	BRONZE			2:58.29
Event 50	Boys 9 200 Free	BRONZE			2:58.29
Event 51	Girls 10 200 Free	SILVER	2:58.30	2:37.99	
Event 52	Boys 9 200 Free	SILVER	2:58.30	2:36.79	
Event 53	Girls 10 100 Back	BRONZE			1:36.19
Event 54	Boys 9 100 Back	BRONZE			1:36.19
Event 55	Girls 10 100 Back	SILVER	1:36.20	1:20.59	
Event 56	Boys 9 100 Back	SILVER	1:36.20	1:21.69	
Event 57	Girls 10 50 Fly	BRONZE			42.99
Event 58	Boys 9 50 Fly	BRONZE			42.99
Event 59	Girls 10 50 Fly	SILVER	43.00	36.29	
Event 60	Boys 9 50 Fly	SILVER	43.00	36.79	
Event 61	Girls 10 100 Breast	BRONZE			1:48.99
Event 62	Boys 9 100 Breast	BRONZE			1:48.99
Event 63	Girls 10 100 Breast	SILVER	1:49.00	1:32.89	
Event 64	Boys 9 100 Breast	SILVER	1:49.00	1:35.49	
Event 65	Girls 10 50 Free	BRONZE			36.19
Event 66	Boys 9 50 Free	BRONZE			36.19
Event 67	Girls 10 50 Free	SILVER	36.20	31.49	
Event 68	Boys 9 50 Free	SILVER	36.20	30.99	
Event 69	Girls 10 200 IM	BRONZE			3:19.39
Event 70	Boys 9 200 IM	BRONZE			3:19.39
Event 71	Girls 10 200 IM	SILVER	3:19.40	2:58.19	
Event 72	Boys 9 200 IM	SILVER	3:19.40	2:58.99	

**\* In order to swim in a relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Gold time in the stroke and distance that the swimmer will swim in that relay.**

# 9-10 SILVER/BRONZE CHAMPIONSHIPS REGION-A 2012

## ORDER OF EVENTS

SUNDAY, February 26<sup>th</sup>, 2012

Continued

**SESSION #5 - 9 yr. Old Girls and 10 yr. Old Boys:**

**Warm-Up:** TBA (approximately 15 minutes after session #2) - Split Warm-up: Two 25 minute warm-ups

**Meet Starts:** TBA (60 minutes after start of Warm-ups)

EVENT		Faster Than	Slower Than	Slower Than	
Event 73	Girls 9 200 Free Relay	SILVER/BRONZE	-	*GOLD	-
Event 74	Boys 10 200 Free Relay	SILVER/BRONZE	-	*GOLD	-
Event 75	Girls 9 200 Free	BRONZE			2:58.29
Event 76	Boys 10 200 Free	BRONZE			2:58.29
Event 77	Girls 9 200 Free	SILVER	2:58.30	2:37.99	
Event 78	Boys 10 200 Free	SILVER	2:58.30	2:36.79	
Event 79	Girls 9 100 Back	BRONZE			1:36.19
Event 80	Boys 10 100 Back	BRONZE			1:36.19
Event 81	Girls 9 100 Back	SILVER	1:36.20	1:20.59	
Event 82	Boys 10 100 Back	SILVER	1:36.20	1:21.69	
Event 83	Girls 9 50 Fly	BRONZE			42.99
Event 84	Boys 10 50 Fly	BRONZE			42.99
Event 85	Girls 9 50 Fly	SILVER	43.00	36.29	
Event 86	Boys 10 50 Fly	SILVER	43.00	36.79	
Event 87	Girls 9 100 Breast	BRONZE			1:48.99
Event 88	Boys 10 100 Breast	BRONZE			1:48.99
Event 89	Girls 9 100 Breast	SILVER	1:49.00	1:32.89	
Event 90	Boys 10 100 Breast	SILVER	1:49.00	1:35.49	
Event 91	Girls 9 50 Free	BRONZE			36.19
Event 92	Boys 10 50 Free	BRONZE			36.19
Event 93	Girls 9 50 Free	SILVER	36.20	31.49	
Event 94	Boys 10 50 Free	SILVER	36.20	30.99	
Event 95	Girls 9 200 IM	BRONZE			3:19.39
Event 96	Boys 10 200 IM	BRONZE			3:19.39
Event 97	Girls 9 200 IM	SILVER	3:19.40	2:58.19	
Event 98	Boys 10 200 IM	SILVER	3:19.40	2:58.99	

**\* In order to swim in a relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Gold time in the stroke and distance that the swimmer will swim in that relay.**

NEW JERSEY SWIMMING  
9-10 SILVER/BRONZE "REGION-A" CHAMPIONSHIPS 2012

Saturday & Sunday, February 25 & 26, 2012

**WAIVER**

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, In Depth Aquatics (dba Cougar Aquatic Team), St. Peter's University, and BE Smartt, Inc. and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

**Meet Verification**

I hereby certify that all swimmers and coaches listed on the NJSI master Entry Sheet or hard copy with disk entries are registered members of New Jersey Swimming/ United States Swimming. All United States Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

**CLUB NAME CLUB CODE:** \_\_\_\_\_

**SIGNATURE of COACH, and/or PARENT/GUARDIAN:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**TELEPHONE: e-mail ADDRESS:** \_\_\_\_\_

**NAME(S) of COACH(ES):** \_\_\_\_\_  
\_\_\_\_\_

**NAME and PHONE NUMBER of person to contact regarding this entry:** \_\_\_\_\_

**NAME and ADDRESS of person to receive final results:** \_\_\_\_\_  
\_\_\_\_\_

\*\*\*\*\*

ENTRY FEE SUMMARY Individual event entries @ \$5.00 = \$ \_\_\_\_\_  
Relay event entries @ \$8.00= \$ \_\_\_\_\_  
TOTAL ENTRY FEES= \$ \_\_\_\_\_

MAKE CHECKS PAYABLE TO: **In Depth Aquatics**

**Article 302.4 of the United States Swimming Rules and Regulations**

FALSE REGISTRATION: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

**LIST ALL UNATTACHED SWIMMERS:**

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_